

# Hardy Heart



**NutZ™**

A dense and delicious blend of more than 40 natural ingredients high in fiber, antioxidants and other nutrients known to promote good health. Use as a topping for such favorites as ice cream, yogurt, cereal, pudding and apple sauce. Include as the secret ingredient in your favorite cookies, pie, cake and other recipes. Or spoon some into a cup and savor directly.

## **This is not your parent's granola!**

**Dry Ingredients** include ..... Oatmeal... large flake, small flake, scotch oatmeal, oat bran; Almonds ... whole, slices, chunks, crumb; Coconut... shredded unsweetened; Pumpkin seeds; Sesame seeds; Sunflower seeds; Flax Seeds ... golden and brown; Walnut pieces and walnut crumb; Pecan pieces; Filbert slices; Cinnamon; Hemp hearts; Oat cereal; Puffed rice; millet and corn flakes.

**Wet Ingredients** include ..... Molasses; Raw honey ; Demerara sugar ; Brown sugar ; Sunflower oil ; Treated water ; Maple syrup ; Cinnamon ; Vanilla ; Walnut oil.

**Fruit Ingredients** ..... Dried date pieces; Thompson and Golden raisins; Black currants; Sultanas; Dried cranberries; Dried blueberries and blackberries.

**There are no peanuts, wheat, yeast, dairy, nightshades.**

***Savor the flavor and you may become addicted!***

Produced for Cardiovascular Sciences, Inc. of Orlando, FL by Team Enterprise, Inc. of London, Ontario in Canada and available on the website, [www.rejuven8online.com](http://www.rejuven8online.com).

**Cardiovascular Sciences, Inc.**

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